

DID YOU KNOW?

Primary schools in England generate around 55,408 tonnes of food waste per year.

Our new menus are all designed to help schools reduce food waste by including lots of firm favourites as well as offering more flexibility with options and portion sizes.



FREE SCHOOL MEALS

All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal Infant FREE school meals and can benefit by over £480 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

www.edwardsandward.co.uk

for a full list of FAQs and to complete our online form.



MENU

SPRING/SUMMER

2025



edwards and ward
a recipe for success

WEEK ONE

MONDAY

Beany Chilli with Rice (Ve) **or**
Margherita Pizza with Jacket Wedges (V)
Veg of the Day
Chocolate Shortbread (Ve)

TUESDAY

Italian Sausage Pasta Bake
or Veggie Chow Mein (Ve)
Veg of the Day
Pineapple Upside Down Cake (V)

WEDNESDAY

Roast of the Day with Roasties & Gravy **or**
Veggie Toad in the Hole with Roasties & Gravy (V)
Veg of the Day
Fresh Fruit Salad (Ve)

THURSDAY

Chinese Chicken Fried Rice
or Veggie Cottage Pie (Ve)
Veg of the Day
Sultana Flapjack (Ve)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips **or**
Vegetable Fingers with Chips (Ve)
Veg of the Day
Custard Rice Pudding (V)

24/2/25, 17/3/25, 7/4/25, 28/4/25, 19/5/25,
9/6/25, 30/6/25, 21/7/25

WEEK TWO

Mild & Sweet Veggie Curry with Rice (Ve) **or**
Margherita Pizza with Jacket Wedges (V)
Veg of the Day
Vanilla Shortbread (Ve)

Sausages with Mash & Gravy
or Veggie Sausage with Mash & Gravy (Ve)
Veg of the Day
Iced Carrot Cake (V)

Roast of the Day with Roasties & Gravy **or**
Sweet Potato Crumble with Roasties (Ve)
Veg of the Day
Fresh Fruit Salad (Ve)

Chicken Chow Mein
or Mac & Cheese (V)
Veg of the Day
Apple Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**
Vegetable Fingers with Chips (Ve)
Veg of the Day
Vanilla Ice Cream with Banana (V)

3/3/25, 24/3/25, 14/4/25, 5/5/25, 26/5/25,
16/6/25, 7/7/25

WEEK THREE

Vegetarian Paella (Ve) **or**
Margherita Pizza with Jacket Wedges (V)
Veg of the Day
Sultana Shortbread (Ve)

BBQ Chicken Tortilla with Golden Rice
or Vegetable Lasagne (V)
Veg of the Day
Apple Sponge (V)

Roast of the Day with Roasties & Gravy **or**
Loaded Yorkshire with Roasties (V)
Veg of the Day
Fresh Fruit Salad (Ve)

Penne with Beef Bolognese
or Vegeballs with Mash & Gravy (Ve)
Veg of the Day
Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**
Vegetable Fingers with Chips (Ve)
Veg of the Day
Chocolate Brownie (V)

10/3/25, 31/3/25, 21/4/25, 12/5/25, 2/6/25,
23/6/25, 14/7/25

Choice of **Classic Tomato Pasta** and **Filled Jacket Potatoes** also available daily
along with freshly baked bread, salad, fresh fruit, yoghurts, jelly and fresh drinking water.

